

# The Washington Business Woman

A Publication of the Washington Business & Professional Women (BPW/WA)

December 2009 . . . Editor: Carolyn Leeper (cdleeper@hotmail.com)



*Margaret Way*

## President's Message

Since my installation in May as your new State President, I have been on a whirlwind!

I have attended many Local meetings and special events and have visited every local organization in the State at least once. These visits also included some fun summer events with our members such as picnics, golf outings, BBQ, outdoor theatre and planning meetings. I have enjoyed meeting many members and feeling their energy and enthusiasm.

The end of June found the current BPW / WA Committee Chairs meeting together for the first time as a group. We shared ideas and goals and learned from each other. With the support of this group, Robyn Whitaker and I signed the BPW/WA License agreement making us the first State in the Nation to officially join the new BPW National Foundation.

I have spent time meeting with individual members to answer their BPW questions. A few of those questions involved reviewing the new Treasurer guidelines, general questions about the history of BPW and questions focusing on where BPW is going in the future. These discussions were as important to me as the general meetings and fun events as they assisted me in gaining a better understanding of questions and concerns of the membership.

In August I joined Virginia Murphy and Georgia Riggelman visiting hotels in the Yakima area looking for the perfect venue for our State Conference. We chose the Yakima Hilton Garden Inn as the location for our meeting, which takes place from May 21-23, 2010

Fall Board in Tacoma was a huge success! The planning committee did an excellent job and their hard work paid off. The information shared, great speakers and the historic venue added up to be a valuable day for all who attended.

October was truly amazing! I had the honor of attending Woman of the Year events in Renton, Wenatchee and Everett. What an outstanding group of women selected as nominees. These events confirm just how much women around the state give back to their local communities truly making a difference.

Membership is critical to our success and future as an organization. Your efforts to increase membership at your local level have been truly amazing. Keep talking about the value that BPW brings to each of you as you talk with family and friends. Together we can build our membership to one of the largest nation wide.

Nationally, BPW has been busy as well. As you know, BPW has been focusing on our nations' women serving in the military. The first batch of "Dear Jane" letters, that assist our female veterans transitioning back into civilian life, have been sent out.

The BPW Foundation also focused on our female military personnel by co-hosting congressional briefings on Smoking Prevention and Cessation for women in the military.

Other lobbying efforts are taking place on capital hill to highlight the importance of the Federal Employees Paid Parental Leave Act, H1N1 and paid sick days, the ongoing discussion on Health Care Reform and the Paycheck Fairness Act. All of these are timely subjects on the radar at our National level. The Career Center on the National Foundation website has tools for employers, recruiters and job seekers. Make sure to keep this timely information coming to you by keeping your email address changes updated at both the State and National levels.

Our work during this transition year continues and your voice matters! Make sure you review the changes that are suggested to our bylaws, policy and procedure manual and finance rules. Deadlines are looming for member input, so make sure your voice is heard.

I am continually amazed at the energy and enthusiasm as I tour the State. The ideas for the future are exciting. There is much to be proud of and I am definitely proud of our strong dynamic group of BPW/WA members!

As we gather together to celebrate the upcoming Holidays, I wish you and your families only the best for 2010. I thank you for your support and all that we are accomplishing and know that the future of BPW WA is secure because of your dedication. Happy Holidays and a safe and prosperous New Year!

*Margaret Way*

President, BPW/WA  
2009/2010

**Hello BPW Members,**

We are having a fantastic year of growth for WA-BPW. The President, Executive Board, and Committee Chairs want to thank each and everyone one of you for being a member of the Business and Professional Women/WA. We appreciate your participation as members. Congratulations to all the locals that have increased their numbers in membership. Keep up the great work!

*Jacqueline Petrick,*  
**Membership Committee Chair (2009-2010)**

LO	BPW/USA Membership as of 6-30-09			BPW/WA Paid Through 11-30-09			
	MOL	SOL	Total	MOL	SOL	Total	
Bellevue	15	0	15	27	0	27	180.00%
Campus	7	0	7	8	0	8	114.29%
Eastside	7	0	7	2	0	2	28.57%
Emerald City	6	0	6	0	0	0	0.00%
Enumclaw	3	0	3	4	0	4	133.33%
Greater Everett	7	2	9	15	6	21	233.33%
North 5	5	0	5	Disbanding; members were transferred to Greater Everett			
Port Orchard	10	0	10	15	0	15	150.00%
Renton	17	0	17	23	0	23	35.29%
Republic South King	7	0	7	7	0	7	100.00%
County South Puget	3	0	3	13	0	13	433.33%
Sound	17	0	17	29	0	29	170.59%
SouthWest Seattle	17	0	17	24	1	25	147.06%
Wenatchee	23	0	23	25	0	25	108.70%
Woodinville	5	0	5	5	0	5	100.00%
<b>Total BPW/WA</b>	<b>149</b>	<b>2</b>	<b>151</b>	<b>197</b>	<b>7</b>	<b>204</b>	<b>135.10%</b>

## ***Is Your Membership Information Current? Make Sure!!!***

*The BPW Foundation has created Legacy Membership status for all of our Washington State BPW members who were on the BPW/USA membership rolls paid through June 30, 2009 or later.*

State Treasurer Barbara Luddon has been appointed as the Legacy Key Contact with the BPW Foundation, and reports information via a special monthly ADDS report to the foundation on members who have either joined or re-joined (renewed) their state BPW membership since June 30. She will also be submitting a "drop list" of members on the legacy list who choose not to renew their BPW/WA membership. To avoid being included on the "drop list" report, members should be sure to renew their memberships before it has lapsed for two months or more. All members are strongly encouraged to verify your membership profile by logging onto [www.bpwfoundation.org/login](http://www.bpwfoundation.org/login).

Your login is your membership ID number. If you have never created a unique password, and you were a member (or former member) on June 30, the default is **bpwusa01**. If you a new member who joined after June 30, your default password is **bpwfoundation01**. You can edit your profile to correct any errors or add your email address.

If you have not received any email communication from the BPW Foundation since the July 1st merger, it may be that they don't have your current email address in their Legacy membership records. You will want to be sure they have your contact information so you will receive all the benefits of your membership.

If you don't have internet access, have a friend help you verify your record from her computer, or use a computer at your local library to do so. You may also want to create an email account that you can reach from any online computer (for example, gmail.com) so you can receive emails from the BPW Foundation and from BPW/WA.

Any state roster corrections or member contact information should also be reported either by mail or email to: Barbara Luddon, State Treasurer, 165 NW Alta Drive, Bremerton, WA 98310. [barbluddon@q.com](mailto:barbluddon@q.com)  
*Barbara can also tell you your membership ID and "paid through" date, if you don't know them.*

Roster updates will periodically be sent to LO Presidents who are asked to distribute them to all of their members. Members may subscribe to receive roster updates via email directly by emailing your request (to be added to the updates email group) to [barbluddon@q.com](mailto:barbluddon@q.com) The Sep09 update information distributed at Fall Board has also been included in the Nov09 update document. ***Please help to keep our state membership database information current as well as the BPW Foundation Legacy Membership database, by submitting any changes to your information.***

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### **SouthWest Seattle BPW**

SW Seattle met for a fun summer planning meeting at the home of member Vickie Bergquist. Great food and Jill's brainstorming session of ideas and plans for the new year helped us focus on our new year. We decided to jump start our year with two membership events. A community picnic held at a local police precinct and a table at the local Des Moines Farmers Market resulted in great exposure to locate new members.

September found us at our new dinner venue, Yo's Bistro in Burien. We held a very informal networking event. Between our community outreach and this event, SouthWest Seattle is proud to report we have already added four regular members and one student member this year!

In October we reached out to help our friends from Woodinville BPW by attending their networking event. Their event has lead to additional meetings and members as they rebuild their local organization.

Back at Southwest, we have enjoyed some great speakers and have more planned. October we heard from Kristin Kruger from the Puget Sound Business Journal, November we Jacqui Trillo, a student at Highline CC who spoke to us about Green, sustainable topics (reduce, reuse, recycle).

December will find us preparing and serving an evening meal at Hospitality House, a shelter for homeless women in South King County.

2010 kicks of the new year with Stephanie Ko, State Legislative Chair, a Foundation event, and A Women's History presentation by Gerry and Nancy Sorensen.

In addition, Eldean Montgomery, LO Secretary has organized some great fundraisers to help us fund our annual scholarships. Flower Power Bulbs, and green eco bags just to name a couple. We will also be wrapping gifts at the Westwood Barnes and Noble gain this year on Dec 6<sup>th</sup> and 13<sup>th</sup>! Come see us!

***Jill Erickson-Keeney***, President SW Seattle BPW

## EQUAL PAY DAY - Tuesday, April 20, 2010

Census statistics released in 2008 show that the gap between men's and women's earnings changed by less than one percent from 2006 to 2007, narrowing only slightly from 76.9 to 77.8 percent. In 2007, the earnings for African American women was 68.7 percent of men's earnings, a drop of more than 3 percent; Asian American women's earnings was 89.5 percent of men's earnings, a drop of 3.5 percent; and Latina earnings was 59 percent of men's, a drop of .6 percent. Equal Pay Day is excellent opportunity to organize activities and events to bring attention to the wage gap.

Every year in April, Business and Professional Women's Foundation, along with hundreds of other women's civil rights, labor, and community organizations, team up with the National Committee on Pay Equity (NCPE) for a national day of action promoting fair pay, known as **Equal Pay Day**. Equal Pay Day is celebrated in April because April symbolizes the month when women's wages catch up to men's wages from the previous year.

To download the **Equal Pay Day Tool Kit**, including statistics, sample press releases, and suggested activities, go to: [www.bpwfoundation.org](http://www.bpwfoundation.org).

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### Renton BPW and Equal Pay Day

#### *We would like to have a Pay Equity in April.*

*My son's girlfriend works for Gates Foundation. She stated that Melinda does support women. If we have a date and location, she can check her schedule. I would like to have something this big if all the local chapters supported us. We cannot have her and have only 100 people. When she speaks, over 1000 come.*

*We can work together and share whatever money we have left after expenses with the chapter scholarships. Those who bring the most people get more money? We need to work out something.*

*We thought Bellevue Convention Center would be the best place to have the event. I believe a luncheon would bring more people. I know that Overlake League brings many during the noon hour and so does the Education organization. I want to hear from the other chapters and see if they will support a big job for this event.*

**Irene Roberts**, Renton BPW

## Foundation Liason Report

**BPW Foundation** is very busy these days. October was National Work and Family Month; Foundation published "Successful Workplaces Tip Sheet" featuring ten criteria for a successful workplace from flexibility, diversity, and equity to wellness and retention of staff. Several policies are being watched by Foundation:

- Federal Employees Paid Parental Leave Act (FEPLA) — will provide federal workers with up to four weeks of paid leave for the birth or adoption of a child. Foundation co-hosted a congressional briefing on FEPLA on November 20th in Washington DC.
- Military caregivers of both wounded veterans and active service members can access 26 weeks of unpaid leave to care for their wounded family member. This is an extension of the Family Medical and Leave Act (FMLA).
- BPW Foundation CEO Deborah Frett spoke at the Wider Opportunities for Women Green Institute on October 27, 2009. Debbie addressed how women veterans can access green jobs. Debbie also met on October 13, 2009, with the Department of Labor officials to provide input on expanding services to female homeless veterans and veterans with families. Debbie talked about the Foundation's research and the barriers to employment for homeless female veterans and those with families.
- Health care reform passes House on November 7th; Senate voted to debate the reform bill November 21st.

### Washington State BPW Foundation

- Scholarship applications will be available after January 1st, 2010. The deadline for submission of the application is **April 1, 2010**.
- Local Organizations who would like the State Foundation to coordinate their Designated Funds need to let them know ASAP. Contact Virginia Murphy at: [vamurf@nwi.net](mailto:vamurf@nwi.net).

**Sue Suwittanakul**, Foundation Chair



# WASHINGTON STATE BUSINESS AND PROFESSIONAL WOMEN'S FOUNDATION

## TRANSMITTAL FORM

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Amount Enclosed: \_\_\_\_\_

Credit to:

Individual Contributor's name: \_\_\_\_\_

Local organization: \_\_\_\_\_

Contributor's Data:

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip \_\_\_\_\_ Ph. \_\_\_\_\_

Gift Description:

BPW Local contribution  
(\$3 per member suggested minimum) \$ \_\_\_\_\_

Individual contribution  
Bronze (less than \$25); Silver (\$25.00 - \$49.99);  
Gold (\$50.00 - \$199.99); Platinum (\$200.00 +) \$ \_\_\_\_\_

Memorial \_\_\_\_\_ \$ \_\_\_\_\_

Name: \_\_\_\_\_

Address of family: \_\_\_\_\_

To Honor: \_\_\_\_\_ \$ \_\_\_\_\_

Occasion: \_\_\_\_\_

Address of honoree: \_\_\_\_\_

Other contributions:

Employer matching gift \$ \_\_\_\_\_

Bequest/Planned giving \$ \_\_\_\_\_

Member Training Grant Fund \$ \_\_\_\_\_

BPW/WA Speaker/Workshop Fund \$ \_\_\_\_\_

Please send all contributions to:

Washington State BPW Foundation

Virginia Murphy, Treasurer

P O Box 631

Chelan, WA 98816-0631

## **BPW Washington State Office — Criteria and Duties**

### **“Request from Local Organizations for Names of Candidates”**

Robyn Whitaker, State Nominations Chair

#### **Criteria for nominee’s for state office:**

- 1) BPW member must be in good standing in a local organization
- 2) Nominee must officially and publicly support the National Legislative Platform
- 3) Consent to serve if elected
- 4) Have their local organization’s endorsement
- 5) Served as a local organization president or are completing a term as a local organization president

#### **In addition, candidates for President and Vice President must have served or be completing one year one of the following:**

- 1) Served one year as a District Director **AND** one year as a state elected officer, state appointed officer, or state standing or special committee chair; **OR**;
- 2) Served two years as an elected state officer (secretary or treasurer); **OR**;
- 3) Served one year as an elected state officer and two years as a standing committee chair; **OR**;
- 4) Served three years as a standing committee chair in three different capacities along with the written recommendation of the State Executive Committee.

#### **If you are interested in running for a state office:**

##### **Candidate:**

- 1) Fill out the top portion of the “nominee’s Consent to Serve” Form
- 2) Submit to your local organization for endorsement

##### **Local Organization:**

- 1) Complete the bottom portion of the “Nominee’s Consent to Serve

##### **Local Organization or Candidate:**

Send to nominations chair not later than 90 days prior to the state annual conference:

- 1) A recent photo of candidate
- 2) A bio and summary of candidate’s qualifications for the office sought, (not to exceed 200 words)
- 3) The completed “Nominee’s Consent to Serve” Form

*This year, perhaps more than any other year, it is essential that members step forward to lead BPW/WA into the future. The transition is not completed . . . It is an on-going process.*

*What are our strengths? We need to develop them.*

*What are our weaknesses? We need to understand them and turn them into strengths.*

*As you provide leadership and mentorship to others, you truly gain through giving.*

*Step up and step out. Be the leader we need right now. BPW/WA needs YOU!*

## Washington State BPW Nominee's Consent to Serve Form

I, \_\_\_\_\_

a member of \_\_\_\_\_ local organization  
of Washington Business and Professional Women, give consent for my name to be placed  
in nomination for the office of: \_\_\_\_\_

Nominee's Signature: \_\_\_\_\_

Nominee's Address: \_\_\_\_\_

Street/Apt.

City

Zip

Telephone: ( ) \_\_\_\_\_

Email Address: \_\_\_\_\_

### LOCAL ORGANIZATION ENDORSEMENT

Name of Candidate: \_\_\_\_\_

Nominated for: \_\_\_\_\_ President \_\_\_\_\_ Vice President

\_\_\_\_\_ Recording Secretary \_\_\_\_\_ Treasurer \_\_\_\_\_ Nominations Chair

This candidate has been endorsed by our Local Organization for the position of:

\_\_\_\_\_

LO President's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Local Organization: \_\_\_\_\_

### **Please send completed form to:**

Robyn Whitaker, State Nominations Chair

P.O. Box 282

Woodinville, WA 98072

Phone: (425) 483-1304 Cell: 206-229-7299

E-mail: [Robynwhitaker@aol.com](mailto:Robynwhitaker@aol.com)

## 2009/2010 BPW WA

**Margaret Way, State President**

Home: 206-763-8971 ... [Mway2Go@aol.com](mailto:Mway2Go@aol.com)

**Terry Ray** – Vice President,  
[tray@freetrac.net](mailto:tray@freetrac.net) 425-344-6236

**Bobbie Healy** – Recording Secretary,  
[obzbzme@comcast.net](mailto:obzbzme@comcast.net) 206-938-1906

**Barbara Luddon** – Treasurer,  
[barbluddon@q.com](mailto:barbluddon@q.com) 360-373-0431

**Robyn Whitaker** - Immediate Past President,  
[robynwhitaker@aol.com](mailto:robynwhitaker@aol.com) 425-483-3659

**Milly Lewendon** – Parliamentarian,  
[mmlewendon@comcast.net](mailto:mmlewendon@comcast.net) 425-823-6239

**Frankie Anderson** – Corresponding Secretary,  
[fia4tea@msn.com](mailto:fia4tea@msn.com) 253-859-2165

### Local Organization Presidents

**Bellevue: Christine Addison**  
425-885-1005 [caddison@sonitrolpacific.com](mailto:caddison@sonitrolpacific.com)

**Campus: Miriam Goldstein**  
425-454-0845 [miriamag@u.washington.edu](mailto:miriamag@u.washington.edu)

**Enumclaw: Luanne Green**  
253-848-0289 [raygre@msn.com](mailto:raygre@msn.com)

**Greater Everett: Carrie Cramer**  
425-337-2460 [carriebear76@hotmail.com](mailto:carriebear76@hotmail.com)

**Port Orchard: Marie Erdmann**  
360-871-1234 [b.erdmann@wavecable.com](mailto:b.erdmann@wavecable.com)

**Renton: Stephanie Ko**  
206-277-8668 [ko@stephaniekolaw.com](mailto:ko@stephaniekolaw.com)

**Republic: Kate Rowe-Maloret**  
509-775-3244 [krowemaloret@eesl.org](mailto:krowemaloret@eesl.org)

**South Puget Sound: Susan Lipston-Hughes**  
253-835-7772 [susan@prospectivemortgage.com](mailto:susan@prospectivemortgage.com)

**South King County: Diana Ehli**  
206-859-8697 [ndehli@comcast.net](mailto:ndehli@comcast.net)

**SouthWest Seattle: Jill Erickson-Keeney**  
253-529-0801 [rjkeeney@comcast.net](mailto:rjkeeney@comcast.net)

**Wenatchee: Cheryl Keeley**  
509-664-3084 [cherylakeeley@aol.com](mailto:cherylakeeley@aol.com)

**Woodinville: Robyn Whitaker**  
[robynwhitaker@aol.com](mailto:robynwhitaker@aol.com) 425-483-3659

### Standing Committees

**Kay Bradley Kampsen** — Bylaws  
[kbk.bpw@hotmail.com](mailto:kbk.bpw@hotmail.com) 206-824-3781

**Jill Erickson Keeney** — Finance  
[rjkeeney@comcast.net](mailto:rjkeeney@comcast.net) 253-347-1447

**Sue Suwiwattanakul** — Foundation  
[sues@u.washington.edu](mailto:sues@u.washington.edu) 206-365-42

**Jacqueline Petrick** — Membership  
[jacquelinepetrick@msn.com](mailto:jacquelinepetrick@msn.com) 206-601-4162

**Stephanie Ko** — Legislation  
[Ko@stephaniekolaw.com](mailto:Ko@stephaniekolaw.com) 425-228-2960

**Kelly Wanamaker** —  
Issues Management / Communications  
[kellywanamaker@hotmail.com](mailto:kellywanamaker@hotmail.com) 253-854-7374

**Cheryl Keeley** — YC / IDP  
[cherylakeeley@aol.com](mailto:cherylakeeley@aol.com) 509-264-1614

### Audit Committee —

**Ruth Geraghty, Kelli Fletcher, Jayleen Hille**  
[rgeraghty@charter.net](mailto:rgeraghty@charter.net) 509-663-5622

### Special Committees

**Robyn Whitaker** — Nominations  
[robynwhitaker@aol.com](mailto:robynwhitaker@aol.com) 425-483-3659

**Susan Lipston-Hughes** — Fall Board Meeting  
[susan@prospectivemortgage.com](mailto:susan@prospectivemortgage.com) 253-835-7771

**Eldean Montgomery** — YWCA Contact  
[Eldeanmont@aol.com](mailto:Eldeanmont@aol.com) 206-938-2232

**Bobbie Healy** — Roster  
[obzbzme@comcast.net](mailto:obzbzme@comcast.net) 206-938-1906

**Janyne Moynihan** — Memorials  
[Moynihan.Janyne@dol.gov](mailto:Moynihan.Janyne@dol.gov) 425-750-3517

**Virginia Murphy & Georgia Riggleman** —  
State Conference Co-Chairs  
Virginia: H: 509-682-4747 — [vamurf@nwi.net](mailto:vamurf@nwi.net)  
Georgia: H: 509-884-4494 — [georgiariggleman@allstate.com](mailto:georgiariggleman@allstate.com)

**Dottie Cainion** — PAC – Political Action  
[Polkadottie1@comcast.net](mailto:Polkadottie1@comcast.net) 425-493-0619

**Mike Healy** — Elections Committee  
[healy\\_32414@comcast.net](mailto:healy_32414@comcast.net)

## Greater Everett BPW

Hello BPW members! This year is just flying by. Greater Everett had a very successful Woman of the Year event on October 26th with 40 members and guests in attendance. We recognized Lillian Ortiz-Self, Marveta Toler, and Kathy Lang, who was our nominated Woman of the Year for 2009. All of these women make a big impact on our community and it was our pleasure to celebrate their achievements and successes. That evening Greater Everett also honored our scholarship recipient, Melissa Knapp, who is working hard on earning her Nursing Degree. Congratulations to all of you!

We are having a Winter Wonderland auction and canned food drive to help the local food bank provide for families in need. If you would like to contribute to the food drive, please email me at [carriebear76@hotmail.com](mailto:carriebear76@hotmail.com). Also in the month of December, Greater Everett will be “setting up camp” at Borders in the Everett Mall and wrapping Christmas gifts for those holiday shoppers. Proceeds from this fund raiser will go towards next year’s scholarship fund while getting BPW’s name out there. Who knows . . . we could recruit new members.

To start off the new year right, we have invited Financial Planner Debbie Whitlock to come speak with us and shed some light on this subject. After all, it is tax time and who doesn’t enjoy crunching some numbers!

As we all know, March is a big month for BPW with National Women’s History Month. We are pleased to have a special guest speaker, Eldean Montgomery from SouthWest Seattle BPW, speaking as Lena Madison Phillips for the evening. It’s going to be a full-of-fun and surprises. All are welcome to come join us in celebration of this special time in history.

Greater Everett will be sponsoring an Individual Development Program (IDP) with the first session in February and the second in March. Participation in the program will be open to all the locals. This is good training for both IDP and Young Careerists (YC) contestants.

Happy Holidays,  
and Stay Warm!

*Carrie Kramer*, Greater  
Everett BPW President



## Republic BPW Update

Republic BPW will acknowledge the spirit of giving by ‘adopting’ several families in Ferry County, putting together gift baskets for members of the family. The BPW will gather to put the gift baskets together and then enjoy dinner and a gift exchange for members & friends. In the early part of 2010, the group will be planning a membership event, Bingo, and lining up speakers for the evening meetings.

*Kate Rowe-Maloret*

President, Republic BPW

## Lobby Day — 01/19/2010

All BPW members are invited to participate in Lobby Day and spend a day in Olympia. We will join the League of Women Voters at the capitol in the morning and spend the afternoon meeting with our legislators. As Rep. Maxwell said, they want us to stay involved. They need to hear from us so they can address our concerns. Members who want participate, please save the date and contact me directly so I can coordinate our activities. I will schedule our meetings with the legislators very soon as their schedules will get very full during the session. Please e-mail me right away if you want to meet with any legislators in particular. I will do my best to get on their schedule. Visit the WA State Legislature website at <http://www.leg.wa.gov/pages/home.aspx> for information on bills and committees. I will provide details as we get closer to the Lobby Day.

*Stephanie Ko*, Legislative Chair

## Wenatchee BPW

### Woman of the Year Luncheon 2009

Connie Bean received the Wenatchee BPW Woman of the Year honor due to her numerous years of community service and passion for education. Over 100 local and out-of-town guests attended the annual Woman of the Year Luncheon on October 21, 2009, sponsored by Apple Valley Honda.

Nominations were received for ten local women: Brenda Abney, Connie Bean, Renee Hunter, Maffie Kaminoff, Carol McCormick, Bonnie Orr, Deborah Paine, Jenny Pratt, Terri Thurston, and Allison Williams.

Margaret Way, BPW State President, read a proclamation, by Governor Christine Gregoire, recognizing the contribution women make in Washington State. Program activities included a silent auction to raise funds for the local scholarship fund and recognition of scholarship recipients for 2009. Featured speaker, Dr Cara Schroeder, 2008's Woman of the Year, inspired women to pursue their dreams and to make a positive contribution in their local community.

The Red Lion Hotel's elegant luncheon atmosphere coordinated table top colors with BPW's logo and apple-shaped cookies at each place-setting.

### Planning for 2010

*Our 2009 Woman of the Year event was a big success and planning has already begun for the 2010 event.*

Laura Camarillo has been appointed 2010 Woman of the Year Chair and is busy getting her committee together for another fabulous event.

We are finishing up with our Innisbrook fundraiser that we do every year in October and November. November 18th at our General Meeting, Sarah Dempsey, Executive Director of the Wenatchee Downtown Association will be our speaker and will share with us all the exciting changes and events we can expect during the holiday season.

A Pajama drive for the YWCA in December is our next project. We will not be having a guest speaker in December as we dedicate this meeting as a holiday networking meeting and we are looking into attending a local theatrical production. We meet the 3rd Wednesday of the month at the Super China Star Buffet in East Wenatchee at noon. All are welcome and encouraged to bring a guest.

*Cheryl A. Keeley,*  
President, Wenatchee BPW



Business and  
Professional  
Women/WA

***\*\*\* Save the Date \*\*\* Mark Your Calendars!***

***Friday-Saturday-Sunday, May 21-23, 2010***

### **BPW/WA STATE CONFERENCE**

Hilton Garden Inn, Yakima

*Stay Tuned for Further Announcements!!*

*Margaret Way,*

*BPW/WA President*



## Renton BPW

**August** — *Renton BPW had our annual horse racing and fellowship gathering at the Emerald Downs.* It was a fun evening with BPW sisters, cultivating friendships, betting on the horses and winning some money!

**October** — *We honored Woman of the Year:* Emma Catague and *Woman of Achievement:* Rep. Marcie Maxwell. President Stephanie attended the Wenatchee BPW Woman of the Year meeting in October. She learned quite a few strategies that can be implemented in our chapter next year to get more publicity for the women we honor, invite more guests to the meeting and increase membership for the chapter.

Stephanie attended a fund raising event for Vision House, a Renton-based non-profit organization supporting and helping families in transition – women with kids and men who need temporary housing. Vision House has been established for over fifteen years. Renton BPW plans to partner with Vision House to help more families who need transition housing. Renton BPW wants to help change life, make a difference, one family at a time.

**November** — *Theme: Women in Transition.* Life seems to be one transition after another. This has been quite a challenging year for many of us. In these trying times, we will have one of our members share with us how she met her challenges in life and give us the wisdom and courage that we can take home.

**During November we awarded 6 scholarships:**

City University of Seattle \$500.00 for Apryl Maxine Noland  
Renton Technical Collage \$500.00 Ariza Midrigan  
Renton Technical Collage \$500.00 Nadejda Midragan  
Renton Technical Collage \$500.00 Stacey Koeven  
University of Washington \$500.00 Dalia Amin  
Green River Community Collage \$500.00 Latasha Lutz

Our scholarship committee members are: Irene Roberts, Raechelle Turner, and Rosemary Quesenberry.

**December** — *Theme: Share the Cheer.* We will have our annual holiday celebration at the Merrill Gardens, Renton. We will invite friends, family, BPW sisters, community leaders to join us for an evening of fellowship, cheers, good food and fun. We will introduce Renton BPW to guests and use this as an opportunity to get to know our guests and invite them to be members.

**January** — *Theme: Plan for Success Part I.* The theme to kick off the beginning of 2010 is: *Plan for Success, The Key to Success In Business and Community.* We will feature a public speaking champion in humorous speech and international speech. Mr. Hideo Fujita will present the significance of great public speaking skills – key to success in business and community. This program will have dual purposes: 1<sup>st</sup> inspire all members and guests for self development to improve leadership skills and advance in their career path; 2<sup>nd</sup> recruit for IDP and Young Careerist participants for our chapter.

**February** — *Theme: Plan for Success Part II. Plan for Success – finance, wellness and career strategies.* We will invite a panel of experts in these fields to give us advice on planning for success.

**March** — *Theme: Celebrate Remarkable Women.* We are actively planning a special program for this special month, to celebrate Women History month with Susan B. Anthony's famous speech as our inspirational quote, guest speaker will be Julie Hungar, author of *The Wisdom Trail: In the Footsteps of Remarkable Women.* Members and guests will also honor the important woman of their life by sharing their stories. We also encourage members and guests to bring the woman whom they want to honor to this meeting so we all get to meet them in person.

**April** — *Theme: Giving Back to the Community, Help Foster Future Leaders.* We plan to have a small auction during our regular meeting to raise funds for scholarship. We will invite a few past scholarship recipients to speak in our meeting to inspire all to support the fund raising event. Our goal this year is to keep expenses as low as possible so more money can benefit scholarship recipients.

The Nomination Committee will announce and introduce nominees as officers for the coming year. Members will vote for officers of their choice. Names of incoming officers will be announced.

**May** — *Theme: Embracing Changes.* We will have an installation ceremony for incoming officers and a thank you ceremony to immediate past officers for their service and devotion to the Renton BPW. President will reflect the year past and the new President will give us a preview of the year ahead.

New officers are invited to attend the BPW/WA conference in Yakima paid for by the chapter. Chapter will also offer limited grants to members to cover costs for attending the State conference. This is part of our chapter's strategies for membership recruitment and retention. The idea is when members get a chance to connect with more long time BPW members and learn about the history of BPW, it will promote membership recruitment and retention.

Renton BPW invites the Renton community and other BPW members to join our dynamic and inspiring luncheons to help build a better community of women helping women. Please join us every third Friday in Renton at the 4<sup>th</sup> Street Grill at 11:15. For more information and to register, please visit [www.rentonbpw.org](http://www.rentonbpw.org).

**Stephanie Ko**

President Renton BPW

## YWCA UPDATE

Kelly McDonald, Marketing & Events Manager, YWCA Pierce County, joined us at Fall Board, September 26th. Kelly has worked at the YWCA for 4 years and turned out to be a true delight. Kelly and I had spoken several times before our meeting and she had mentioned that the residents in the existing building were assigned to live in rooms of approx 97 sq feet.

This struck a note with me and to make the point we created a visual at the meeting. Four volunteers from the executive board acted as corner posts and we created a space equal to 97 sq ft with the help of some twine. It was frightening. Kelly spoke about the new facility and the fund raising efforts. Because of the situation with the grants and loans, funding is tight. Our members opened their hearts and wallets.

After our meeting, Kelly sent the following message:

*Great story: on my way back to my car, I ran into a mother, her teenaged daughter, and one-year old son who are currently living in our shelter. She recognized me and greeted me, and saw that I had my nametag on so she asked what I was doing, since it was a Saturday. I told her that I had spoken to your group to thank you all for your generosity, and that the group had pooled money/gift cards for client use (and I was holding the basket, so she saw the results). She got teary-eyed, and told me how her stay at the shelter has not only been the step towards safety that she has needed in order to change her life, but a lesson in how much “regular” people care about one another.*

*She has been touched beyond words with how the thoughtfulness of others has provided school supplies for her daughter, baby items for her son, full sized hygiene items for them to use, haircuts for them both, and a series of small indulgences and necessities whose cumulative value demonstrated her worth to her. It has changed her feeling of self esteem to know that so many people, unknown to her, would care for her enough to see to her needs—big and small.*

*She also spoke with resolve that once she is able to, she cannot wait to contribute to the healing and hope for others. Her daughter plans to volunteer with us after they leave, and hopes to be an advocate after she graduates high school. So pass along to everyone who contributed that a gift card given or a cash donation can transform the way our clients view themselves, in addition to meeting their basic needs.*

*Thanks so much for doing this for our clients!*

*Kelly*

\* \* \* \* \*

**Reminder of the YWCA Inspire luncheons scheduled** for the spring. Mark your calendars and let me know if you are interested in attending any of these. Seattle will be held on April 22nd, with keynote speaker Gloria Steinem. Everett will be held on May 4th, with keynote speaker Jennifer Holliday. Bellevue will be held on March 16th with keynote speaker Elizabeth Gilbert.

**Eldean, YWCA Liason**

### BPW/WA Calendar 2010

<p>January      <b>Executive Board Meeting</b></p> <p>January      Identify Young Careerist and Individual Development Candidates</p> <p>January 19    <b>Lobby Day</b> – Olympia WA</p> <p>January 15    Check membership goals, Report Increase or Decrease to State Membership Chair</p> <p>January 31    <b>DEADLINE</b> - Submit Proposed By Laws Changes</p> <p>February      Foundation Month / Black History Month</p> <p>                  LO Treasurers Send Foundation Donations to State Foundation Chair</p> <p>February 15   <b>DEADLINE</b> – Nominations for State Office to Nominations Chair</p> <p>March          <b>Executive Board Meeting</b></p>	<p>March          <b>Women’s History Month</b></p> <p>March 2        <b>Policy and Action Conference, Washington DC</b></p> <p>March 31       <b>DEADLINE</b> – Annual Reports: State Officers, State Chairs and LO Presidents to State Vice President</p> <p>April 1         <b>DEADLINE</b> – LO send bio(s) of deceased member (s) to State Memorials Chair</p> <p>April 1         BPW/WA Foundation - Scholarship Application mail in deadline</p> <p>April 20        Equal Pay Day</p> <p>May 21 - 23    <b>State Conference</b> – Yakima WA Yakima Hilton Garden Inn</p> <p>May             Military Appreciation Month</p>
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## What's New With Bellevue BPW

### National Business Women's Week \*\*\* Woman of the year

Bellevue BPW's 2009 Woman of the Year, Jean Floten, President of Bellevue College, was celebrated at the monthly luncheon. Christine Addison, Bellevue BPW President, made the announcement and presented Floten with a plaque and proclamation and said Floten is a "true gift to the city of Bellevue and the Eastside Communities."

Other finalists included Heija Nunn, an eastside mom who blogs for Oprah, and Helena Stephens, City of Bellevue Parks Department manager who has spearheaded a number of initiatives helping youth and young women.

Ms. Floten was selected by a panel of judges because of her outstanding leadership, achievement, contribution to her community and support of other woman in business throughout her career.

The award, given during National Business Women's Week, October 19-23, 2009, is part of the ongoing nationwide campaign recognizing women who have made significant contributions toward improving opportunities for women in the workplace. National Business Women's Week has honored the contributions of working women across the country since 1928.

### *Shop & Network!*

*Bring several friends to shop & Network with us:*

December 9th from 11:15 to 1:15

over a delicious holiday luncheon at

The Harbor Club, 777 - 1-8th Ave. NE, Bellevue

Bring business cards to enter a door prize

*for each friend you bring.*

*That's right, bring one friend, you get to enter one drawing. If you bring five friends, you get to enter five drawings! We will enjoy a special format with NO speaker, to give our members and guests more time to meet, mingle and shop!*

If ever you visit Bellevue, don't miss December. Twelve local business owners will have marvelous gifts for you to purchase and bring home.

Feel free to hang around Bellevue and shop through the day at **The Bravern, The Bellevue Collection, Old Main Street** and many other shopping destinations. Preregister (members \$20, guests \$25) online at [www.bpwbellevue.org](http://www.bpwbellevue.org) by Dec. 2nd. Free validated parking at Corporate Center Garage.  
\*\*\*\*\*

**People:** Betina Finley and Michelle Catoire recently joined Bellevue BPW. Theresa McKenna, Owner at Empowerment Strategies Coaching, recently joined our Board as IDP Chair. Find our members and board on our web page at [www.bpwbellevue.org](http://www.bpwbellevue.org).

We are seeking a YC Chair, 2011 Gala Event Co-Chairs, a Bylaws Committee Chair, and a Nominations Chair. If you know of qualified women who may be interested in joining our LO to serve on our board with us, please have them contact Christine Addison, Bellevue BPW President, at [addisoncd@gmail.com](mailto:addisoncd@gmail.com) or by phone at 425-999-1566.

### *Happy Hour!*

*Bellevue BPW welcomes you to join us on Wednesdays, December 2, January 6 and February 3, from 5-7 PM for no-host Happy Hour at Panini's Bar & Grill at The Belletini, 1177 108<sup>th</sup> Avenue NE, Bellevue*  
\*\*\*\*\*

### *The Savvy Networker*

**January 20th.** Start out 2010 with Zita Gustin, "The Savvy Networker" who will speak **January 20th**. The Director of eWomen Network's Seattle Chapter, Video Host and Marketing Director at StudioB/StudioC/Biz Talk Video Lab, Zita specializes in helping people in business spread the word about their business. This is accomplished through building relationships and developing word of mouth marketing which leads to referral based business growth. When top of mind awareness is your goal, networking is the main resource to achieve your goal! Register online by January 13th at [www.bpwbellevue.org](http://www.bpwbellevue.org).

### *Branding Your Business*

**February 17th,** Amanda Predmore, Creative Director at Emaugo Creative, will bring her team to education BPW members and guests on what goes into branding your business effectively. Amanda is a branding specialist and entrepreneurial professional whose 13+ years of experience and multi-disciplinary skills include strategic analysis of branding approach through visual communications and public relations packaging. Ms. Predmore maintains a strong commitment to brand unity and creating positive perception value throughout the collaborative process.

*We hope you'll come visit us soon!*

**Christine Addison,**

*President, Bellevue BPW*

## ***Campus BPW***

Campus BPW met in July and again in August for our annual planning meeting; we now have our programming schedule well underway. We were honored to have Margaret Way, State President, attend and enter into our deliberations and we gathered together several good ideas for programs.

<b>To Start off Our Year</b>	
<b>Sep. 24</b>	Lace Thornberg and Lauren Braden from the Washington Trails Association will present their job-sharing experiences for an environmental non-profit agency and share what cutting-edge forms of communications that they used.
<b>Oct. 30</b>	Judy Lightfoot from the UW District Ecumenical Project will present an overview of the 18 different human services agencies that coexist in the U District
<b>Nov. 13</b>	Yoki Matsouka will present us with a study of the future of robots and their use in helping the disabled live fuller lives.
<b>Dec. 11</b>	Holiday luncheon and traditionally presented New Beginnings with funds to continue their vital support of battered women and their children. However, fund raising will take a center spot as we seek to expand our scope to include other entities beyond New Beginnings.
<b>Jan. 22</b>	Caroline Swope, author of <i>Classic Houses of Seattle</i>
<b>Feb. 19</b>	Ellen Dissanayake, from Sri Lanka, on art and intimacy.
<b>March 19</b>	Lorraine McConaghy, historian from the MOHAI (Museum of History and Industry)
<b>April</b>	Fun style show either at Chico's or possibly at Northgate's Nordstrom.
<b>May</b>	Installation of New Officers
<b>June 18</b>	Several possibilities include Kendra Todd who appeared on the second season of "The Apprentice"; Lynda Mapes who wrote "Breaking Ground" about the unearthing of the Native American village near Port Angeles; or Natalie Om on Health and Wellness.

Campus BPW is unique in that we draw from the talent and expertise of the University and the Seattle area. Our programs are innovative, timely and interesting. We invite all those who are interested to join us at the UW Club in the heart of the campus – with the best view in town!

***Miriam Goldstein***, Campus BPW President



## Bylaws Committee Report

It was a busy summer for the BPW/WA Bylaws committee. First the change-over from a national dynamic to a state dynamic for 2009-2010, then proposed bylaws, etc., for 2010-2011 and beyond.

**Current year 2009-2010:** The state bylaws and standing rules have been updated for the 2009-2010 year. All local presidents (bylaws chairs if designated by president) can receive a copy by sending an email request to [kbk.bpw@hotmail.com](mailto:kbk.bpw@hotmail.com). I would like to go over all LO's bylaws in early 2010 to attest to compliance with the current BPW/WA bylaws and standing rules. A deadline for receipt of the updated 2009-2010 local bylaws and standing rules is January 20, 2009. This allows time for the Bylaws committee to go over them and get them back to the LO prior to state conference.

**Proposed for 2010-2011:** CD's were burned for each member of the Board of Directors and the CDs were distributed at the Fall Board on September 26<sup>th</sup>. Each CD includes copy of the Proposed Bylaws and Standing Rules for 2010-2011 that will be voted on at the state conference in May. It is requested that each local review the proposed bylaws and standing rules. If there are any questions or suggestions for changes they should be sent to me no later than January 31, 2010. This will allow the bylaws committee time to go through all questions or suggested changes to finalize the Proposed 2010-2011 Bylaws and Standing Rules prior to a planned pre-State Conference board meeting to be held approx 70 days prior to conference. By requesting review now and then presenting a more final version of the proposed bylaws and standing rules at the this earlier meeting we hope to limit the amount of time necessary during Conference for discussion.

**Policies and Procedures Manual:** This very important manual has many components and will take lots of time. The committee plans to have a preliminary manual of the basics available at the BPW/WA State Conference 2010. The manual will be expanded over the next year or two to cover the needed policies and procedures for a smooth-running organization.

**Kay Bradley Kampsen, Bylaws Chair**

### **Women in Washington state win the vote on November 8, 1910.**

On November 8, 1910, Washington state's males electorate ratifies Amendment to the state constitution granting women the right to vote. Breaking a 14-year gridlock in the national woman suffrage crusade, the state becomes the fifth in the nation to enfranchise women. The relevant sentence in Amendment 6 reads: "There shall be no denial of the elective franchise at any election on account of sex."

The Amendment still retained the following language: "That Indians not taxed shall never be allowed the elective franchise." (Washington State Constitution, 1910)

The vote count for suffrage in Washington was as follows:  
**Yes** — 52,299      **No** — 29,676

Washington's enactment of woman suffrage opened the flood-gates for other Western states, which quickly voted to enfranchise women. Women in the more entrenched Eastern and Southern states had to wait until 1920, when they gained equal suffrage through ratification of the 19th Amendment to the U.S. Constitution.

### **Memorial Service**

Every year at Annual Conference,  
we honor those members who have  
passed on throughout the year.

Please forward me their name, obituary,  
memorial information, and which local  
they were a member of. Any additional  
information you would like included in  
the memorial would be welcomed.

***Please put in the header:  
BPW/WA Memorial.***

**Email: [moynihan.janyne@dol.gov](mailto:moynihan.janyne@dol.gov)**

## Meeting Tip 22--Efficient Meetings

### *Tips to help make meetings more efficient*

1. Start on time.
2. Have a detailed agenda listing all items of business known in advance, with wording of motions if known.
3. Set time limits for reports.
4. Ask officers and committee chairmen in advance if they have a report and if it includes any recommendations or motions.
5. Require all main motions and non-trivial secondary motions to be in writing.
6. Refer any time-consuming, delayable motions to a committee to perfect.
7. Keep debate germane (relevant) and non-redundant.
8. Limit debate to 2 or 3 minutes per speech and/or the total debate time per motion to \_\_\_ minutes (requires a 2/3 vote).
9. Disallow (or closely limit) discussion when no motion has been made.
10. Use unanimous consent if no one speaks against a motion in debate. ("Is there any objection to the adoption of the motion? [pause] Since there is no objection [pause] the motion is adopted.")
11. Use voting cards instead of a rising (standing) vote, and don't count votes unless a visual (rising, or voting card) vote is questionable.

### Meeting Myth

**Myth:** When a meeting is a little "too" efficient and the assembly adopts a motion hastily that later is thought to be unwise, once adopted it is too late to do anything about it.

**Fact:** The motions to Reconsider, Rescind and Amend Something Previously Adopted can often be used to remedy motions adopted too hastily.

See *Robert's Rules of Order Newly Revised* for rules on when and how these are applicable.

### *You Already Know Parliamentary Procedure!*

#### **Informal Phrase**

"Hey - I have an idea."

"Oh yeah?"

"let's go for a walk on the beach."

"Great idea! Let's do it."

"I love walking. It's refreshing."

"I dunno. I'd rather watch the basketball game on TV."

"What about walking to the sports bar to watch the game there?"

"Yeah, that sounds better."

"I'm confused. What are we talking about?"

"Well, let's make a decision."

"OK, what shall we do, walking or watch the game?"

"More want to walk. Off we go."

#### **Parliamentary Equivalent**

*Seeking Recognition*

*Being acknowledged (floor)*

*Stating a motion*

*Motion has been seconded*

*Motion is discussed*

*Amendment to the motion.*

*Amended motion is accepted.*

*Point of Information.*

*Call for the vote*

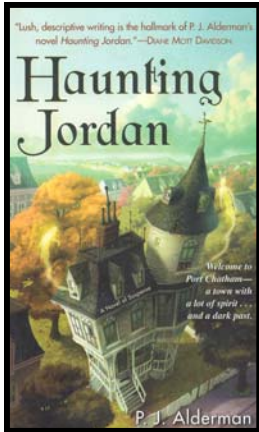
*Members vote.*

*Vote is concluded, the majority wins and the decision is stated for the record.*



## Book Reviews For Your Reading Pleasure

by *Local Washington Authors*



***Haunting Jordan***  
*A Novel of Suspense,  
Romance & Ghosts*  
Author: P. J. Alderman

Jordan Marsh's soon-to-be-ex-husband was murdered shortly before the divorce was final and she is the chief suspect. She has bought Longren House, a nineteenth century Queen Anne

in Port Chatham, Washington, looking for a quieter, simpler life away from her therapy practice in Los Angeles. (Can you figure out what town Port Chatham really is?)

The house comes complete with a shaggy dog, undernourished and in need of a good bath. No problem. But seeing and talking with ghosts? Hattie Longren and her fifteen-year-old sister, Charlotte, have run off all previous buyers of the house, but they want Jordan to stay and take on the job of researching Hattie's murder. Frank Lewis was convicted and hanged. But was he really innocent? Jordan takes on the job of researching the old court records, newspapers, and diaries.

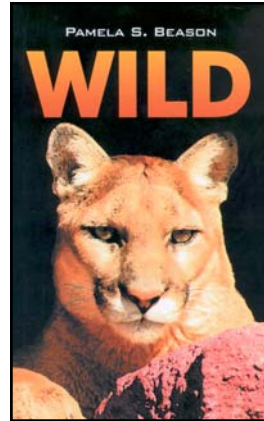
Port Chatham in the 1890s was a thriving seaport, with a lively population of businessmen, sea captains, sailors, and houses of ill repute. When Charles Longren was murdered at sea by mutinous seamen, his young widow, Hattie, found Longren Shipping's manager, Clive Johnson, didn't like taking orders from a woman. Sheriff Greeley warned Hattie to stay away from the waterfront. Michael Seavey seemed to be into everything.

The story flows smoothly from the present time to the 1890s and back to the present. Jordan must prove her own innocence to the LA police and at the same time discover who really murdered Hattie.

If you enjoy intriguing characters, mystery and romance, you should love this book which brings it all together. P. J. Alderman is a local Northwest author.

*(Reviewed by Carolyn Leeper)*

P. J. Alderman  
421 pages, softcover  
ISBN# 978-0-553-59210-8  
Bantam Books  
[www.bantambooks.com](http://www.bantambooks.com)  
[www.pjalderman.com](http://www.pjalderman.com)



***WILD***  
*A Mystery/Suspense Novel*  
Author: Pamela S. Beason

Since graduating from college with her wildlife biology degree, Summer "Sam" Westin had been a zookeeper, an environmental consultant, a seasonal ranger with NPS, and a freelance writer. She had just been given a prize assignment by Save the Wilderness Fund to do a series on the cougars in the Heritage National Monument, with a new article every day.

When she arrives at the campground, the first thing she bumps into is a toddler who has wandered off. Sam hears a woman shouting "Zachary! Where are you, Zack? Zacharyyy!" Sam tells Zack to "Go back to Mommy now." Then a man's voice is heard calling, "Zack!" The toddler disappeared amid the dark foliage. Sam was anxious to be on her way up the trail to Sunset Canyon. She could see a man at the other end of the tree-lined path. "Got him?" she shouted? The man waved a hand and Sam waved back then hurried out to the trailhead.

Zack has disappeared. Has he just wandered off and gotten lost? Has he been kidnapped? Abducted by a pedophile? Has he become prey for the cougar seen near the campground? Sam's focus on wildlife is seriously disrupted by the need to find Zack. Zack's tennis shoe is found on Powell Trail. A red cap, like the one Zack was wearing, turns up. The park rangers and scouts search every trail and canyon. Of course, the FBI suspects everyone.

Highly recommended for anyone who enjoys a good mystery, great characters, outdoor adventure, and a slew of clues and suspects. And, watch for sequels as Sam takes on new assignments! Pam Beason is a local author.

*(Reviewed by Carolyn Leeper)*

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[www.wildwingpress.com](http://www.wildwingpress.com)